

# > Content & Forms at [www.tuftshealthplan.com](http://www.tuftshealthplan.com)

part of  
Tufts Health  Access

Tufts Health eAccess is Tufts Health Plan's technology offering for providers, employers and brokers, and members. Through Tufts Health eAccess, we're providing information and cutting-edge technology to continually improve quality of health care coverage, customer service, and operating efficiency.

the power  
is yours

### **Critical Information at Your Fingertips**

**A wide range of information is available to employers at [www.tuftshealthplan.com](http://www.tuftshealthplan.com), including:**

- > Newsletters, brochures, and benefit-specific documents
- > Forms and administrative manuals
- > Information about worksite wellness programs
- > Specifics about plans and benefits
- > The Tufts Health Plan sales kit
- > Details on pharmacy coverage
- > Our physician directory
- > Current company news

### **For Your Employees**

Our members have access to a number of self-service online transactions to save on paperwork and money, and provide administrative ease to employers\*.

**At our site, members can:**

- > View up to two years of claim and referral information
- > Request a new ID card
- > Change their address and update e-mail addresses\*\*
- > Research and select a new primary care physician (PCP)\*\*
- > View an online copy of their benefit summary (most employers)
- > Access information on plans and benefits
- > E-mail questions to our Member Services Department
- > Read WELL! magazine
- > Learn about worksite wellness programs

To learn more about Tufts Health eAccess, contact Tufts Health Plan at 1-866-300-1712, or visit us on the Web at [www.tuftshealthplan.com](http://www.tuftshealthplan.com). For general sales information, please call 781-466-1070.

\* Certain self-service features may not be available to all members.

\*\* Subject to prior approval from the subscriber's employer group, users can research a new PCP on the public site. PCP changes occur once users are logged into the member site – their ability to change their PCPs may be restricted for certain products and self-insured accounts.

**TUFTS  Health Plan**

[www.tuftshealthplan.com](http://www.tuftshealthplan.com)

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convenient