

Get the information you need in your secure member online account.



## It's easy to register!

Make the most of your coverage and get instant access to your plan.

1. Go to [mytuftshealthplan.com](http://mytuftshealthplan.com).
2. Click on **Get Started Now!**
3. Enter the requested information to create your new username and password.

Then you can log in to use your secure online account instantly.

# VISIT myTUFTSHEALTHPLAN TODAY

Taking an active role in your health care puts you in charge. That's why there's [www.mytuftshealthplan.com](http://www.mytuftshealthplan.com) – your online resource for getting the information you need, when you need it.

## PERSONAL HOME PAGE

Enjoy clear navigation

Easy access to common transactions

Print forms, order ID cards, change account preferences, and more

Use these health tools to work on your goals

Learn more about health issues relevant to you and your family

Update personal information

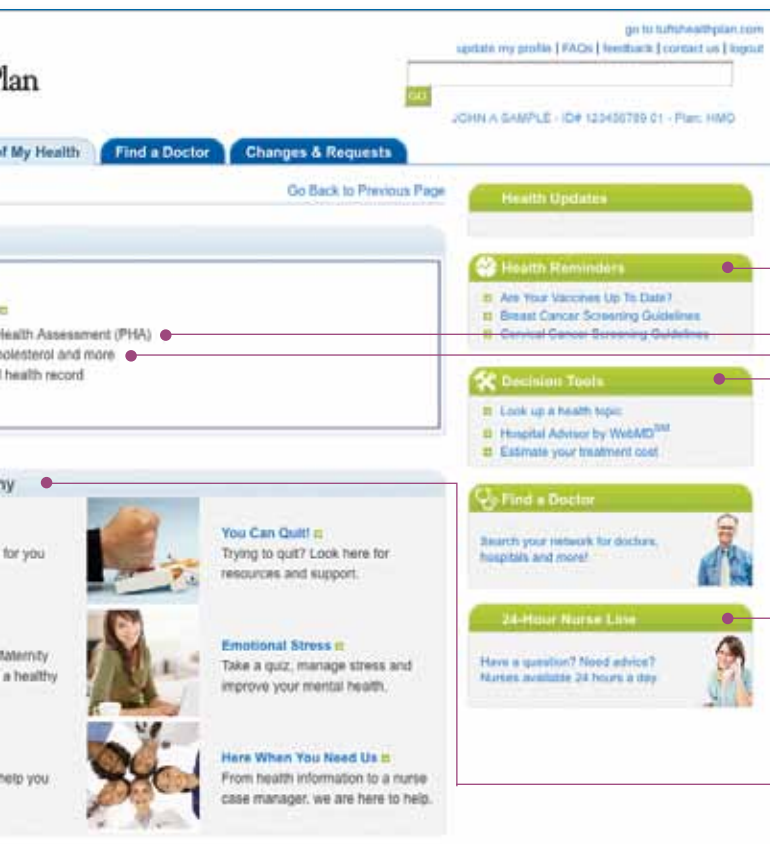
Note: This guide is based on a typical member experience. Actual features may vary based on your plan.

## MANAGE YOUR COVERAGE



- View a summary of your plan's coverage and copay amounts
- View your referrals and authorizations (if applicable)
- Check the status of claims and print your Explanation of Benefits (EOB)
- Learn how you can save on products and services including diet, fitness, as well as health and wellness
- Access information about our wide range of health programs
- Find a vision provider and learn about discounts (if applicable)
- Access your pharmacy coverage (if applicable)

## TAKE CHARGE OF YOUR HEALTH



- See reminders for important preventive health screenings
- Help improve your health by completing this confidential personal health assessment
- Track your most important health measurements
  - Look up health topics in the Healthwise Knowledgebase
  - Compare costs and quality of hospitals to help you decide where to receive care
  - Calculate average cost information for hundreds of treatments and procedures
- Chat online with or call a nurse for health questions 24 hours a day
- Find resources on health topics that matter to you and your family

# FIND A DOCTOR at [www.mytuftshealthplan.com](http://www.mytuftshealthplan.com)

When you are logged in, the name of your plan will appear in this box

If you already know the name of the provider you're looking for, simply enter it here

Choose the text size to make it easier to read

The screenshot shows the 'Find a Doctor' page for TUFTS Health Plan. The page has a header with the logo and navigation links. A sidebar on the left lists service categories: PCPs and Specialists, Hospitals, Mental Health, Vision Care, and Other Services. The main content area is titled 'Select a Plan' and includes a dropdown menu for plan selection. Below this, there are radio buttons for 'PCP' and 'Specialist'. A section titled 'Please choose one or both of the following:' contains two input fields: 'Enter last and/or first name or practice name:' and 'Enter location:'. A 'Search' button is located at the bottom right of the main form. A 'Quick Name Search' box is also present on the right side of the page. A small image of medical professionals is shown below the 'Quick Name Search' box. Callout boxes with red lines point to various elements: the plan dropdown, the provider type radio buttons, the name and location input fields, the 'Search' button, and the text size adjustment icon in the top right corner.

Choose the type of provider you need

Enter the name and/or location of the provider you're looking for

Note: This guide is based on a typical member experience. Actual features may vary based on your plan.