

# TUFTS Health Plan

The Preferred Drug List is a subset of drugs found in the 2010 Tufts Health Plan Drug Coverage Handbook. The list highlights selected therapeutic classes and was developed by a panel of physicians and clinical pharmacists. These consultants identified a number of key agents within each class that offer comparable safety and efficacy, yet are more cost-effective for Tufts Health Plan than similar agents.

Tufts Health Plan encourages the use of drug products that are available generically whether listed or not. If a brand name drug becomes available generically, it may be moved to Tier-3 or to non-covered status.

- Generic drugs are indicated in *italics*.
- Generic products listed are therapeutically equivalent to and interchangeable with the branded version.
- When a drug is listed by generic name only, the generic version (not brand) is preferred.
- Brand name drugs are noted with a bullet and are in Tier-2 unless otherwise noted.

For additional information, refer to the 2010 Tufts Health Plan Drug Coverage Handbook or visit our Web site at [www.tuftshealthplan.com](http://www.tuftshealthplan.com)

## Anti-infective

### Antibacterials

#### Cephalosporins

cefaclor  
cefdinir  
cephalexin

#### Fluoroquinolones

ciprofloxacin  
ciprofloxacin ext-rel

• Avelox

#### Macrolides

azithromycin  
clarithromycin  
clarithromycin ext-rel  
erythromycins

#### Penicillins

amoxicillin  
amoxicillin/clavulanate  
ampicillin  
dicloxacillin  
penicillin VK

#### Tetracyclines

doxycycline hyclate  
minocycline  
tetracycline

#### Miscellaneous

metronidazole  
sulfamethoxazole/trimethoprim

#### Antifungals

fluconazole  
terbinafine (PA)

#### Antivirals/Herpes

acyclovir  
famciclovir  
valacyclovir

#### Influenza Agents

amantadine  
rimantadine  
• Relenza (DL)  
• Tamiflu (DL)

## Cardiovascular

### ACE Inhibitors

fosinopril  
lisinopril  
quinapril  
ramipril

### ACE Inhibitor/ Diuretic Combinations

fosinopril/hydrochlorothiazide  
lisinopril/hydrochlorothiazide  
quinapril/hydrochlorothiazide

### Angiotensin II Receptor Antagonists/Combinations

#### Tier-3

• Benicar  
• Benicar HCT  
• Cozaar  
• Diovan  
• Diovan HCT  
• Hyzaar

### Antilipemics

#### Cholesterol-reducing Agents

• Vytorin (ST<sup>PA</sup>)

#### Fibrates

fenofibrate  
• Tricor

#### HMG-CoA Reductase

##### Inhibitors

lovastatin  
pravastatin  
simvastatin  
• Crestor (ST<sup>PA</sup>)

#### Niacins/Combinations

• Niaspan  
• Simcor

#### Beta Blockers

atenolol  
carvedilol  
metoprolol succinate ext-rel  
metoprolol tartrate  
propranolol

#### Calcium Channel Blockers

amlodipine  
diltiazem ext-rel  
nifedipine ext-rel  
verapamil ext-rel

## Depression

### SSRIs

citalopram  
fluoxetine  
paroxetine  
paroxetine ext-rel  
sertraline

### Other Antidepressants

bupropion  
bupropion ext-rel  
bupropion sus-rel  
mirtazapine  
venlafaxine  
• Effexor XR (ST<sup>PA</sup>)  
• Pristiq (ST<sup>PA</sup>)

## Diabetes

### Biguanides

metformin/metformin ext-rel

### Dipeptidyl Peptidase-4 (DPP-4) Inhibitors

• Januvia

### Dipeptidyl Peptidase-4 (DPP-4) Inhibitor/ Biguanide Combinations

• Janumet

### Incretin Mimetics

• Byetta

### Meglitinides

• Prandin

### Sulfonylureas

glimepiride  
glipizide/glipizide ext-rel  
glyburide/glyburide micronized

### Sulfonylurea/Biguanide Combinations

glipizide/metformin  
glyburide/metformin

### Thiazolidinediones/ Combinations

• ACTOplus met  
• Actos  
• Duetact

### Insulin Product Lines

• Apidra 10mL vials  
• Humalog 10mL vials  
• Humulin 10mL vials  
• Lantus 10mL vials  
• Levemir 10mL vials  
• Novolin 10mL vials  
• NovoLog 10mL vials

### Monitoring

• Accu-Chek strips  
• OneTouch strips

## Gastrointestinal

### H<sub>2</sub> Receptor Antagonists

ranitidine

### Proton Pump Inhibitors

lansoprazole (ST<sup>PA</sup>) (DL)  
omeprazole (DL)  
pantoprazole (ST<sup>PA</sup>) (DL)  
• Prilosec OTC (Available OTC)<sup>†</sup>

## Hormones

### Androgens

• AndroGel

## Migraine

### Triptans

sumatriptan (DL)  
• Maxalt/Maxalt-MLT (DL)  
• Zomig/Zomig-ZMT (DL)

## Ophthalmic

### Antimicrobials

ofloxacin  
polymyxin B/trimethoprim  
tobramycin

### Glaucoma

#### Alpha Agonists

brimonidine 0.15%, 0.2%

#### Beta Blockers

timolol maleate solution  
• Betimol

#### Prostaglandins

• Travatan  
• Xalatan

## Respiratory

### Antihistamines–Nasal

• Astelin (DL)  
• Astepro (DL)

### Antihistamines–1<sup>st</sup> Generation

chlorpheniramine (Available OTC)<sup>†</sup>

### Antihistamines–2<sup>nd</sup> Generation Non-sedating

cetirizine (Available OTC)<sup>†</sup>  
loratadine (Available OTC)<sup>†</sup>

### Anticholinergics

• Atrovent HFA (DL)  
• Spiriva (DL)

### Anticholinergic/Beta Agonists

ipratropium/albuterol sulfate (DL)  
• Combivent (DL)

### Beta Agonists

• Foradil (DL)  
• ProAir HFA (DL)  
• Serevent Diskus (DL)  
• Ventolin HFA (DL)

### Corticosteroid Inhalers

• Asmanex (DL)  
• Flovent HFA (DL)  
• QVAR (DL)

### Corticosteroid/Beta Agonist Inhaler Combinations

• Advair (DL)  
• Symbicort (DL)  
• Corticosteroids–Nasal  
flunisolide (DL)  
fluticasone propionate (DL)  
• Nasonex (DL)

### Leukotriene Modifiers

• Singulair

## Topical

### Dermatology

#### Acne Vulgaris

erythromycin/benzoyl peroxide  
• Duac CS

## Urologic Disorders

### Benign Prostatic Hyperplasia

doxazosin  
finasteride 5mg  
terazosin  
• Avodart  
• Flomax

### Urinary Antispasmodics

oxybutynin  
oxybutynin ext-rel  
• Enblex  
• Gelnique  
• Oxytrol  
• Vesicare

## Women's Health

### Contraceptives

#### Monophasic

• Yaz

#### Vaginal

• NuvaRing

### Hormone Replacement–Oral

estradiol  
estropipate  
medroxyprogesterone

### Hormone Replacement– Transdermal

estradiol<sup>1</sup>  
• Estraderm  
• Vivelle-Dot

### Selective Estrogen Receptor Modulators

• Evista

### Bisphosphonates

alendronate

## Reference Information

### Footnotes

<sup>†</sup> Available OTC:  
Over-the-counter medications  
are excluded from coverage.

### Abbreviations

DL: Dispensing Limitations apply

PA: Prior Authorization required  
for coverage

ST<sup>PA</sup>: Step Therapy

Prior Authorization required

### Annotations

1. Generic version of Climara

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