

Earn rewards for healthy behaviors

If you and your family are Tufts Health Direct members, you can earn these rewards for getting services that help you stay healthy.

After you complete a healthy behavior, follow these steps to request your reward:

- 1. Make sure you are a Tufts Health Direct member when you receive services.
- 2. Fill out the Member Information section of this form.
 - If you are filling out the form for a child, use the child's name and Tufts Health Plan Member ID #.
 - Fill out one form for each member.
- 3. Mail or fax us the completed form.

We will begin processing your request when we receive the completed form. You should get your reward 6–8 weeks later.

Members, please mail this form to:

Tufts Health Plan

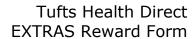
Attn: Claims Department

P.O. Box 524

Canton, MA 02021

Or fax to: 857.304.6300

Questions? Call us at 888.257.1985 Monday-Friday, 8 a.m.-5 p.m.





Healthy Behavior	Eligible Members	Reward
Yearly checkup	All members	\$25 supermarket
Members can earn a \$25 supermarket gift card for		gift card
having a yearly checkup.		
Diabetes screenings	Those with	\$25 supermarket
Complete 5 routine diabetes screenings in 1	diabetes	gift card
calendar year: 1 eye exam, 2 blood sugar (HbA1c)		
tests, 1 protein test and 1 cholesterol (LDL) test		